

The Amazing Properties of Olive Leaf

Since the 1800's, olive leaf "tea" has been used as a **very safe** remedy for fevers and infections for both children and adults. After the introduction of penicillin, olive leaf fell into disuse until recently, when scientific studies found olive leaf extract effective in treating infections that are frequently drug-resistant, such as **athlete's foot, thrush, vaginal yeast infections, and stubborn toenail fungus**. It is particularly useful in fighting *Candida albicans* and **chronic yeast infections**, reversing all symptoms.

In recent studies, olive leaf extract has been shown to be powerfully anti-microbial against over 130 infectious diseases, including;

Herpes I and II

- **Staphylococcus aureus, responsible for most hospital-acquired illness**
- *Candida albicans*
- **Parasites**

In addition, olive leaf extract has the interesting side effect of modulating blood pressure, lowering it if high, but leaving it alone if in the normal range. It inhibits the oxidation of LDL Cholesterol, **preventing the formation of plaque** in arteries and capillaries. It can also normalize heart-beat **arrhythmia**, relieves **angina** (chest pain), and improves blood flow for those with **peripheral vascular disorders**.

Olive leaf extract also (like many medicinal plants) works as an **anti-inflammatory** for pain in cases of **osteo-arthritis, rheumatoid arthritis, and fibromyalgia**. Containing elenolic acid, olive leaf is the primary **destroyer of viruses**, and also **kills flatworm, hookworm, round-worm, and tapeworm parasites**.

Happily, there are **no side effects** from taking olive leaf extract in either laboratory animals or in the thousands of human study participants. Occasionally Herxheimer reactions may occur, as yeast dies off, if taking a large initial dose of the extract. However, these flu-like symptoms normally last only a few days, followed by great progress in recovering one's health.

