

2 Miracle Fix-its; Curcumin & Boswellia

Americans are suffering from illnesses that are caused by the oxidation of aging cells and each one is a killer.

- **Cancer** **Heart Disease**
- **Asthma** **Alzheimer's**
- **Type II Diabetes**

To compensate for the destructive power of free radicals, fresh fruits and vegetables and herbs are needed. Blueberries and dark chocolate have become the darlings of the natural world for their ability to reduce free radical impact in our bodies: Blueberries have an anti-oxidant value (ORAC) of 6,552 per 100 grams, and dark chocolate powder has a value of 40,200 per 100 grams. **Curcumin extract has an ORAC value of over 1,000,000 per 100 grams!**

Curcumin extract is not a pain-killing drug that poisons your body's nervous system; instead, it works with your body to reduce toxicity and return your cells to their normal youthful function.

Today, we extract curcumin from turmeric (think yellow curry from India, where cancer and Alzheimer's are rare, even in old age), and use it to enhance all other treatments for Cancer, arthritis, and any other chronic disease of aging.

It boosts the power of all other pain herbs and medications by 2000%!

Safety: No toxicity issues have ever been reported for curcumin, even when used in dosages as high as 10 grams or more daily. Because it is so safe and non-toxic, curcumin therapy is helpful for almost any condition, especially conditions that involve inflammation.

Boswellia

Another herb from the traditions of India, Boswellia is "Indian Frankincense," an herb with ancient uses in Ayurvedic medicine. Anti-inflammatory, anti-arthritic, anti-fungal, and anti-bacterial, it is used for pain relief, to lower cholesterol, to support the liver, for fibromyalgia, diarrhea, obesity, boils, and lower back pain.

