

Viruses & Disease Headlines: Today's News Is Scary

But we're not scared, because we know that our immune system is very powerful; please let us help you activate your immune system all year-long.

Our amazing immune system is designed to attack, neutralize and eliminate all substances which are alien from our bodies, including; pet dander, pollens, viruses, various bacteria, yeast and fungi.

A strong immune system is our most powerful frontline defense against all viruses --including the recent nightmare viruses such as the Enterovirus, the Ebola virus, stronger versions of the Rhino viruses and the chicken pox virus that causes shingles.

After the initial crisis you often feel worse instead of better because your B-cells (which originate in the marrow) don't arrive on the scene for 4-7 days. B-cells produce antibodies which blocks the effectiveness of the bacteria or the virus. Other cells work against invaders too. T-cells include the Cytotoxic which track down and kill viruses and bacteria. Helper T-cells produce more infection-blocking antibodies.

At the VERY first sign of illness it is imperative that you help your immune system activate quickly by taking natural supplements which are designed to kill viruses and stop their replication; therefore reducing the severity and duration of the illness.

- Gaia has spent the last decade perfecting their herbal defense formulas. Their **Quick Defense** is designed to use at the onset and it provides a rapid response with its Echinacea Angustifolia, Andrographis leaf, black Elderberry fruit and ginger root. Their **Whole Body Defense** is geared towards prevention -- designed to support everyday wellness; it also contains Echinacea plus Astragalus root, Larch gum and Maitake mushroom PE fraction.
- Use **Silver Gel** on your hands regularly. This kind-to-skin formula kills any germs on your hands for up to four hours.
- Use **Oregano Oil** on the arch of your feet every night. The trans-dermal abilities of this potent oil will reach every cell of your body and disinfect it in less than twenty minutes.
- Take **Elderberry D3Fense** every morning. Its track record is unsurpassed for keeping us healthy all season long.
- Keep your intestinal flora strong with plenty of **Pre-biotic foods**: raw carrots, raw asparagus, cold cooked yams, onions and celery and cold potato in potato salad, raw organic garlic, and all fermented foods like **Kombucha** and pickled beets. Don't forget to take **Bifidophilus Flora Force** daily.
- If you find yourself feeling a bit under the weather, but with no fever, take two **Trigger Immune** immediately.

- **Gogi** juice & **Gogi** berries enhance the activity of immune cells and help to activate them when the body is under attack. This fruit (from the Himalayans and the Ningxia Provence of China) has been used since ancient times. These potent berries grow in the wild and are hand harvested. Gogi, known as The Happy Berry, has been prized for its antioxidant benefits, ability to increase energy, provide protection and support for cells, and offers mood enhancement.

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